

Mount Holly Parks & Recreation Department

BASKETBALL RULES

(3 & 4 yr. olds)

1. Home team will get the ball first and visitor will chose the goal. Basket will not change during the game.
2. No pressing. Play zone defense with hands up. Do not try to steal the ball.
3. Four 6 minute periods, clock will run.
4. Each player must play at least two periods. Play will consist of 3 on 3.
5. No foul shots. All fouls will be taken out from the sideline.
6. Good sportsmanship is expected by all participants at all times.
7. There will be no substitutions during play except during timeout or an injury.
8. Coaches are responsible for keeping their team on the bench when not playing.
9. Any coach or player that is ejected from a game will be suspended for two games for the first offense and for the remainder of the season for the second offense. Any coach ejected from the game must leave the gym. The two game suspension will be served at the next games played.
10. There will be no officials. Two coaches will be allowed on the floor during the game. They will be responsible for controlling the game.
11. If a previous game finishes before the next scheduled starting time, both teams have to agree to start early. Teams do not have to start until their scheduled start time.
12. No jewelry or anything else deem dangerous can be worn during the game.
13. Only water is to be on the gym floor area. Please give out post-game snacks and drinks in the bleacher area.

5' Goals

Ball Size - Junior

Remember everyone is here to learn, enjoy, and compete in a sportsmanlike manner.

REVISED 11/3/19